

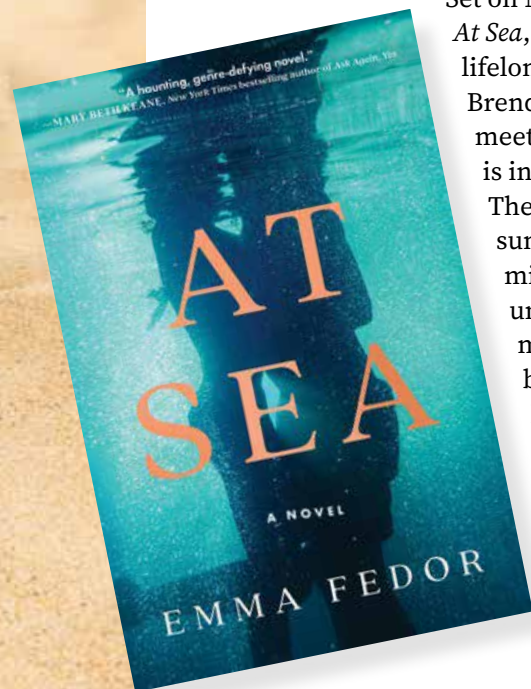
# Good Reads in LIFE

## Beach Reads

Dive into these new titles while you work on your tan lines—no bookmarks needed as these beach reads will keep you turning the pages.

By Leslie Hatton

Kristan Higgins' novel *A Little Ray of Sunshine* checks all the boxes for an engaging beach read, but you'll need to reapply your sunblock as it will make you want to stay in your beach chair. Longtime summer resident Higgins calls Cape Cod her "heart's home" so it's no surprise that she created a main character who owns a small, fictional bookstore in Wellfleet. As a reliable, dependable older sister who lives in the apartment above the bookstore, she is happily becoming a self-proclaimed spinster—until the son she gave up for adoption years ago strolls into the shop unraveling the secret she has kept for years. There are nods to Cape Cod all throughout the book: Land Ho, Truro Vineyards, Winslow's Tavern, Uncle Tim's Bridge and Mayo Beach to name a few. **Find *A Little Ray of Sunshine* on the shelves at Where The Sidewalk Ends Bookstore located on Main Street in Chatham.**



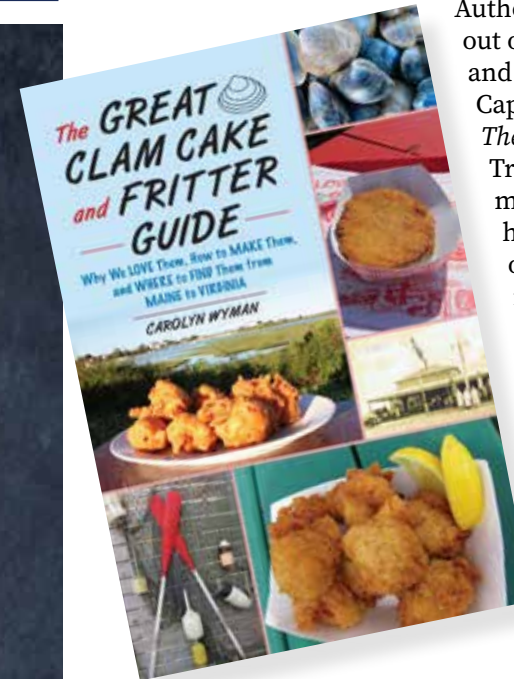
Set on Martha's Vineyard, author Emma Fedor's book, *At Sea*, is a unique tale of love and loss. Fedor, a lifelong Cape Cod visitor, introduces us to Cara and Brendan and invites us into their love story. Cara meets Brendan while sketching Gay Head Cliffs and is initially swept up by his good looks and charm. Their relationship becomes serious, and before summer's end, Brendan shares a secret: due to his military training and experience, he can breathe under water. Cara, in love, overlooks his strange moods and behaviors and becomes pregnant—but there's no happy ending for her. Brendan kidnaps their child, leaving Cara shattered and forced to face that Brendan was unwell all along. Read how Cara moves forward in this riveting story of love, loss, grief and hope. **Get *At Sea* for your beach bag at Titcomb's Bookshop located on the scenic Route 6A in East Sandwich.**

# Good Reads in LIFE

## Cook Books

Inspired by the flavors of a New England summer, these cookbooks will get you in the mood for seafood.

By Leslie Hatton



Author Carolyn Wyman takes the guesswork out of where to find the beloved clam cakes and clam fritters that New Englanders and Cape Codders clamor for in her book, *The Great Clam Cake and Fritter Guide*. Traveling to every restaurant or shack mentioned in the book, Wyman says, "I hope readers will come away with ideas on some great places to eat that they might not have known about before." Digging into their history and origins, readers learn the differences between crispy patties and the fried clam doughnuts that may be greasy—but are synonymous with the summer season for so many. Two Cape Cod restaurants are mentioned among the favorites, and for DIYers, there are over 20 recipes to try. **Head to Titcomb's Bookshop in East Sandwich to purchase your copy of *The Great Clam Cake and Fritter Guide*.**

There's so much more to New England soups than just clam chowder or lobster bisque, and with over 80 recipes to peruse, there's something for every seafood lover in *New England Soups from the Sea*. Author Craig Fear became passionate about not only local seafood and the variety of recipes that can be created, but with the bigger picture issues like global seafood trade and raising awareness and support for our local fishermen and women. "We have such well-managed, sustainable fisheries here in the United States and yet, we export most of our native seafood to other countries. We have healthy, delicious seafood right here on our own shores!" Easy to replicate recipes alongside colorful photos make this a must for your Cape Cod cookbook collection. **Great as a gift or for your own cookbook collection, *New England Soups from the Sea* can be found at Titcomb's Bookshop on historic Route 6A in East Sandwich.**

